

Statistics Report 03225, Babyfood, dessert, cherry vanilla pudding, junior
Report Date: July 04, 2017 21:36 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	81.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Energy	kcal	69	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Energy	kJ	289	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Protein	g	0.20	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Total lipid (fat)	g	0.20	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Ash	g	0.20	5	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Carbohydrate, by difference	g	18.40	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Fiber, total dietary	g	0.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Sugars, total	g	16.98	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Minerals													
Calcium, Ca	mg	5	6	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	0.17	6	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Magnesium, Mg	mg	2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phosphorus, P	mg	7	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Potassium, K	mg	33	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Sodium, Na	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	05/2010
Zinc, Zn	mg	0.03	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Copper, Cu	mg	0.051	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1985
Selenium, Se	µg	0.6	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	1.1	6	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Thiamin	mg	0.007	6	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Riboflavin	mg	0.011	6	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Niacin	mg	0.038	6	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Vitamin B-6	mg	0.012	6	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folate, total	µg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Choline, total	mg	4.7	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-12	µg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1985
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	18	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Retinol	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Carotene, beta	µg	145	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin A, IU	IU	261	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lutein + zeaxanthin	µg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin E (alpha-tocopherol)	mg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2009
Vitamin D3 (cholecalciferol)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin D	IU	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin K (phylloquinone)	µg	0.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lipids													
Fatty acids, total saturated	g	0.058	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
14:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
16:0	g	0.041	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:0	g	0.014	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total monounsaturated	g	0.070	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
16:1 undifferentiated	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:1 undifferentiated	g	0.065	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total polyunsaturated	g	0.036	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:2 undifferentiated	g	0.025	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:3 undifferentiated	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:4 undifferentiated	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:6 n-3 (DHA)	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Cholesterol	mg	10	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1985
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Flavonoids													
Proanthocyanidin													
Proanthocyanidin dimers 1	mg	2.7	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin trimers 1	mg	1.7	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin 4-6mers 1	mg	5.2	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin 7-10mers 1	mg	2.9	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin polymers (>10mers) 1	mg	0.0	--	--	0	0	--	--	--	--	--	--	--

¹*Gu, L., Kelm, M.A., Hammerstone, J.F., Beecher, G., Holden, J., Haytowitz, D., Gebhardt, S., and Prior, R.L. Concentrations of proanthocyanidins in common foods and estimations of normal consumption, 2004 J. Nutr. 134 pp.613-617*